

# Neighbor NP

## WELLNESS INFUSIONS & INJECTIONS

### INFUSIONS

Myers	190.00
Migraine	245.00
Immune Booster	190.00
Recover	245.00
Beauty	200.00
Metabolic/Weight Loss	245.00
Energy	245.00
Detoxification	190.00
Anti- Stress	200.00
Anti- Aging	245.00

### ADD ONS 30.00

Glutathione  
Alpha Lipoic Acid  
NAD+  
B12

### MEDICATION ADD ONS 30.00

\*If medically indicated  
Zofran  
Toradol  
Dexamethasone  
Rocephin

### INJECTIONS 30.00

Glutathione  
NAD+  
Myers  
Biotin  
MICC  
Lipo+  
Tri-Immune Boost

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## IV Infusion Options

IV infusions are elective treatments designed to deliver hydration and essential nutrients directly into your bloodstream, supporting general wellness. It's important to note that these services are not intended to diagnose, treat, cure, or prevent any diseases, and individual responses to these infusions may vary. Below are the available infusion options and their potential wellness benefits:

### Myers

Contains: Magnesium, calcium, methylcobalamin (B12), B-complex, vitamin C

Potential Benefits: May help with nutrient replenishment, hydration, and general energy levels. It's often selected for routine wellness maintenance.

### Migraine

Contains: Magnesium, calcium, methylcobalamin (B12), B-complex, vitamin C

Optional Add-ons: Toradol, Zofran, dexamethasone

Potential Benefits: May offer comfort and recovery during physical stress, with add-ons providing short-term symptom relief.

### Immune Booster

Contains: Magnesium, calcium, methylcobalamin (B12), B-complex, vitamin C, zinc

Potential Benefits: May enhance immune function and antioxidant intake, especially under physical strain.

### Recover

Contains: Magnesium, calcium, methylcobalamin (B12), B-complex, vitamin C

Optional Add-ons: Famotidine (Pepcid), Toradol, Zofran, dexamethasone

Potential Benefits: May aid in hydration and nutrient replenishment after alcohol consumption or

### Beauty

Contains: Magnesium, calcium, methylcobalamin (B12), B-complex, vitamin C, biotin

Optional Add-on: Glutathione

Potential Benefits: May support skin, hair, and nail health along with antioxidant support.

### Metabolic / Weight-Loss Support

Contains: Magnesium, zinc, B-complex, vitamin C

Optional Add-ons: Glutathione, alpha-lipoic acid, Lipo-C injection

Potential Benefits: May support metabolism, nutrient usage, and energy production alongside healthy lifestyle choices.

### Energy

Contains: Calcium, methylcobalamin (B12), B-complex, vitamin C, folic acid

Optional Add-ons: Glutathione, NAD+

Potential Benefits: May enhance cellular energy, mental clarity, and overall vitality.

### Detoxification

Contains: Magnesium, selenium, B-complex, vitamin C

Optional Add-on: Glutathione

Potential Benefits: May support the body's detoxification pathways and antioxidant defenses.

### Anti-Stress

Contains: Magnesium, calcium, methylcobalamin (B12), B-complex, vitamin C, selenium

Optional Add-on: Glutathione

Potential Benefits: May promote relaxation, nervous system balance, and stress recovery.

### Anti-Aging / Skin-Aging

Contains: B-complex, vitamin C, selenium, biotin

Optional Add-ons: Glutathione, alpha-lipoic acid

Potential Benefits: May support skin health, collagen production, and antioxidant activity.

Always consult with a healthcare provider to determine the best infusion option for your specific needs.

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## About the Vitamins/Medications:

### **Magnesium**

What it does: Supports muscle, nerve, and cardiovascular function

Potential benefits: Relaxation, muscle comfort, electrolyte balance

Possible side effects: Warmth, flushing, low blood pressure if given rapidly

### **Calcium**

What it does: Supports bones, muscles, and nerve signaling

Potential benefits: Muscle function and cellular communication support

Possible side effects: Local vein irritation, metallic taste

### **Vitamin C (Ascorbic Acid)**

What it does: Antioxidant that supports immune and collagen function

Potential benefits: Immune support, skin health, oxidative stress support

Possible side effects: Mild nausea, vein irritation at high doses

### **B-Complex Vitamins**

What they do: Support energy metabolism and nervous system health

Potential benefits: Energy support, stress support

Possible side effects: Bright yellow urine, mild nausea

### **Methylcobalamin (Vitamin B12)**

What it does: Supports nerve health and red blood cell production

Potential benefits: Energy and cognitive support

Possible side effects: Mild headache, flushing

### **Biotin**

What it does: Supports hair, skin, nail, and metabolic function

Potential benefits: Hair and nail strength support

Possible side effects: Rare; may affect some lab tests

### **Zinc**

What it does: Supports immune and cellular function

Potential benefits: Immune and wound-healing support

Possible side effects: Nausea if given too quickly

### **Selenium**

What it does: Antioxidant supporting thyroid and immune health

Potential benefits: Cellular protection support

Possible side effects: Rare at standard doses

### **Glutathione**

What it does: Major antioxidant produced by the body

Potential benefits: Cellular detox and antioxidant support

Possible side effects: Rare; chest tightness if pushed too quickly

### **Alpha-Lipoic Acid (ALA)**

What it does: Antioxidant involved in energy metabolism

Potential benefits: Metabolic and nerve health support

Possible side effects: Hypoglycemia symptoms in sensitive individuals.

### **NAD+**

What it does: Supports cellular energy and mitochondrial function

Potential benefits: Energy, mental clarity support

Possible side effects: Chest tightness, nausea if administered rapidly

## **Injections:**

### **MICC Injection**

**Contains:** Methionine, Inositol, Choline, Vitamin B12

**Wellness support:**

Supports fat metabolism, liver function, and energy pathways when paired with healthy nutrition and activity. Commonly used as part of a wellness or metabolic support program.

**Possible side effects:**

Injection site soreness, mild nausea, flushing.

### **Lipo-C Injection**

**Contains:** Methionine, Inositol, Choline, Vitamin B12, Carnitine

**Wellness support:**

Supports fatty-acid transport, metabolic activity, and energy production. Often used to complement nutrition and fitness goals.

**Possible side effects:**

Injection site tenderness, mild headache, nausea.

## **Medications:**

### **Ketorolac**

What it does: Non-steroidal anti-inflammatory medication

Potential benefits: Short-term pain and inflammation relief

Possible side effects: GI irritation, kidney strain, bleeding risk

### **Ondansetron**

What it does: Antiemetic medication

Potential benefits: Nausea and vomiting relief

Possible side effects: Headache, constipation

### **Dexamethasone**

What it does: Corticosteroid with anti-inflammatory effects

Potential benefits: Short-term inflammation and symptom support

Possible side effects: Elevated blood sugar, insomnia, flushing

### **Famotidine**

What it does: Reduces stomach acid

Potential benefits: GI comfort support

Possible side effects: Headache, dizziness (rare)

## **Important Note**

**These IV services are elective wellness therapies. These are not weight loss medications. Benefits are not guaranteed, and these infusions and injections are not intended to diagnose, treat, cure, or prevent any medical condition.**

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## How Often Can I Receive IV Infusions & Injections?

IV infusions and injections are elective wellness services. Frequency is individualized based on goals, response, and provider guidance.

### IV Infusions

#### Myers Mixture

Most people receive this every 2–4 weeks for general wellness. Some choose short-term weekly use during busy or stressful periods.

#### Migraine & Pain Support Infusion

Used as needed, not routinely. Typically limited to once per week or less. (Certain medications should not be taken regularly)

#### Immune Booster

Commonly scheduled every 2–4 weeks. May be used weekly for short periods during seasonal or lifestyle stress.

#### Recovery

Used occasionally, based on need. Not intended for routine or scheduled use.

#### Beauty Infusion

Often received every 2–4 weeks for maintenance of skin, hair, and nail wellness.

#### Metabolic / Weight-Loss Support Infusion

Usually scheduled every 1–2 weeks as part of a short wellness program, then reassessed.

#### Energy Infusion

Many clients choose every 1–2 weeks, then transition to monthly maintenance.

## Detox Support Infusion

Typically every 2–4 weeks or as part of a short wellness reset.

## Anti-Stress Infusion

Most often every 2–4 weeks, with flexibility during high-stress periods.

## Anti-Aging / Skin Support Infusion

Commonly every 2–4 weeks, often as a series followed by monthly maintenance.

### IM Injections

#### MICC Injection

Usually given 1–2 times per week in short cycles, then reevaluated.

#### Lipo-C Injection

Often given 1–3 times per week, depending on wellness goals.

## Add-On IV Pushes

### Glutathione

May be added to infusions or given 1–2 times weekly.

### NAD+

Commonly given every 1–2 weeks.

## Comfort & Nausea Medications

(Toradol, Dexamethasone, Famotidine, Zofran)  
Used only as needed, not on a routine schedule.

## Important Information

- Infusions are usually spaced at least 2–3 days apart
- More is not always better—your provider helps determine appropriate timing
- These services do not diagnose, treat, cure, or prevent disease
- Individual response varies